



CANTEEN MENU – May 2017
(Subject to changes)
Juice and fruit will be served every day during snack

Day	Date	Morning Snack	After Snack
Tuesday	05/02/2017	Cheese bread, minas cheese	Yellow carrot bread, fruit, juice
Wednesday	05/03/2017	Baguette sandwich	Cake, fruit, juice
Thursday	05/04/2017	Carrot cake, pita bread, ham, cheese	Cookies, fruit, juice
Friday	05/05/2017	Potato bread with cream cheese	Smoothie, fruit, juice
Monday	05/08/2017	Corn cake, cheese bread	Cake, fruit, juice
Tuesday	05/09/2017	Bread, ham, cheese	Homemade cookie, fruit, juice
Wednesday	05/10/2017	Beef tapioca, vanilla cake	Pumpkin bread, fruit, juice
Thursday	05/11/2017	Ham and cheese pastry, margarita pastry	Açaí, fruit, juice
Friday	05/12/2017	Cheese cookies	Cereal bar, fruit, juice
Monday	05/15/2017	Cheese tapioca, chocolate cake	Potato bread, fruit, juice
Tuesday	05/16/2017	Sesame bread, ham, cheese	Yam bread, fruit, juice
Wednesday	05/17/2017	Cheese bread, açaí	Cookies, fruit, juice
Thursday	05/18/2017	Ham, cheese and salad sandwich	Cake, fruit, juice
Friday	05/19/2017	Pineapple cake, pita bread, ham, cheese	Smoothie, fruit, juice
Monday	05/22/2017	Potato bread with cream cheese	Homemade cookies, fruit, juice
Tuesday	05/23/2017	Apple cake, pumpkin bread	Yogurt, fruit, juice
Wednesday	05/24/2017	Cheese bread, smoothie	Yellow carrot bread, fruit, juice
Thursday	05/25/2017	Olive oil bread, ham, cheese	Cake, fruit, juice
Friday	05/26/2017	Ham and cheese pastry, margarita pastry	Smoothie, fruit, juice
Monday	05/29/2017	Coconut cake, corn tapioca	Cookies, fruit, juice
Tuesday	05/30/2017	Cheese bread, açaí	Pumpkin bread, fruit, juice
Wednesday	05/31/2017	Bread, ham, cheese	Açaí, fruit, juice

Rice, beans, salad, juice and fruit will be served everyday during lunch

Day	Date	Lunch Menu
Tuesday	05/02/2017	Grilled chicken, grilled pork, farofa, grilled pineapple
Wednesday	05/03/2017	Grilled beef, chicken with vegetables, roasted potato, string beans
Thursday	05/04/2017	Fish, ground beef, yellow carrot, chard
Friday	05/05/2017	Chicken meatball, grilled beef, pasta with garlic and oil, chayote
Monday	05/08/2017	Vegetable pancake, soy and bean sprouts, string beans, cabbage, dessert
Tuesday	05/09/2017	Baked beef with manioc, mini bread, grilled chicken, zucchini, carrot and raising
Wednesday	05/10/2017	Roasted chicken, ground beef, polenta, okra
Thursday	05/11/2017	Beef stroganoff, grilled chicken, sautéed potato, broccoli
Friday	05/12/2017	Roasted beef, grilled pork, collard greens, corn farofa
Monday	05/15/2017	Leek quiche, scrambled eggs, sautéed carrot, broccoli, dessert
Tuesday	05/16/2017	Bolognese lasagna, grilled chicken, chayote, pumpkin
Wednesday	05/17/2017	Chicken with orange sauce, grilled beef, mashed potato, cabbage
Thursday	05/18/2017	Fried fish, ground beef, creamed corn, collard greens
Friday	05/19/2017	Chicken skewer, baked beef with vegetables, farofa, grilled pineapple
Monday	05/22/2017	Yakisoba, sweet potato with pesto, soy with tomato sauce, dessert
Tuesday	05/23/2017	Roasted pork, chicken, chard farofa, mashed potato and yellow carrot
Wednesday	05/24/2017	Breaded chicken, grilled beef, creamed onion, chayote
Thursday	05/25/2017	Pork ribs, barbecue sauce, grilled chicken, grilled pineapple, collard greens
Friday	05/26/2017	Cassava broth and chicken, grilled beef, string beans, cauliflower and carrot
Monday	05/29/2017	Gnocchi, sauces: white and tomato, hummus, pita bread, pumpkin, desert
Tuesday	05/30/2017	Chicken skewer, grilled pork, farofa, chard
Wednesday	05/31/2017	Roasted chicken, ground beef, zucchini, cabbage



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