

CANTEEN MENU – April 2018
(Subject to changes)

Juice and fruit will be served every day during snack

Day	Date	Morning snack	After snack
Monday	04/02/2018	Bread, ham, cheese	Cake, juice, fruit
Tuesday	04/03/2008	Cheese cookie, fruit smoothie	Yam bread, juice, fruit
Wednesday	04/04/2018	Ham and cheese or margarita pastry	Cookies, juice, fruit
Thursday	04/05/2018	Cheese bread, açaí	Potato bread, juice, fruit
Friday	04/06/2018	Natural sandwich	Açaí, juice, fruit
Monday	04/09/2018	Potato bread with cream cheese	Cake, juice, fruit
Tuesday	04/10/2018	Chicken tapioca, chocolate cake	Pumpkin bread, juice, fruit
Wednesday	04/11/2018	Cheese bread, Minas cheese	Cereal bar, juice, fruit
Thursday	04/12/2018	Baguette sandwich	Cookies, juice, fruit
Friday	04/13/2018	Cookies cheese, yogurt	Açaí, juice, fruit
Monday	04/16/2018	Sesame seed bread, ham, cheese	Cake, juice, fruit
Tuesday	04/17/2018	Ham and cheese tapioca, apple cake	Cookies, juice, fruit
Wednesday	04/18/2018	Cheese bread, açaí	Cereal bar, juice, fruit
Thursday	04/19/2018	Natural sandwich	Potato bread, juice, fruit
Friday	04/20/2018	Ham and cheese pastry	Açaí, juice, fruit
Monday	04/23/2018	Cheese bread, cereal bar	Cookies, juice, fruit
Tuesday	04/24/2018	Ham and cheese or margarita pastry	Cake, juice, fruit
Wednesday	04/25/2018	Natural sandwich	Yam bread, juice, fruit
Thursday	04/26/2018	Cheese bread, Minas cheese	Açaí, juice, fruit
Friday	04/27/2018	PTSC	-----

Rice, beans, salad, juice and fruit will be served everyday during lunch

Day	Date	Lunch menu
Monday	04/02/2018	Cheese omelet, mixed meats, sautéed vegetables, chard, dessert
Tuesday	04/03/2008	Baked beef with manioc, mini bread, roasted chicken, string beans
Wednesday	04/04/2018	Chicken legs, ground beef, pumpkin, farofa
Thursday	04/05/2018	Beef stroganoff, grilled chicken, roasted potato, cabbage
Friday	04/06/2018	Grilled chicken, tropeiro beans, collar greens, grilled pineapple
Monday	04/09/2018	Yakisoba, grilled chicken, grilled pineapple, zucchini, dessert
Tuesday	04/10/2018	Chicken fricassee, grilled beef, yellow carrot, chayote
Wednesday	04/11/2018	Roasted beef, grilled chicken, corn farofa, collard greens
Thursday	04/12/2018	Fried fish, ground beef, corn cream, string beans
Friday	04/13/2018	Chicken with tomato sauce, grilled pork, okra, angu
Monday	04/16/2018	Gnocchi, sauces: tomato and Bolognese, broccoli and carrot, garlic bread, dessert
Tuesday	04/17/2018	Baked beef, mini bread, grilled chicken, yellow carrot, farofa
Wednesday	04/18/2018	Chicken stroganoff, grilled beef, roasted potato, chard
Thursday	04/19/2018	Roasted pork, barbecue sauce, grilled pineapple, farofa
Friday	04/20/2018	Chicken meatball with tomato sauce, grilled beef, spaghetti garlic and oil, chayote
Monday	04/23/2018	Roasted pork, barbecue sauce, scrambled eggs, grilled pineapple, collard greens, dessert
Tuesday	04/24/2018	Rolled beef, grilled chicken, mashed potato, cabbage
Wednesday	04/25/2018	Fish with Mediterranean sauce, ground beef, yellow carrot, cauliflower
Thursday	04/26/2018	Crispy chicken, grilled beef, cream corn, sautéed carrot
Friday	04/27/2018	PTSC