

EABH Athletics Philosophy

As a **SAAGE pillar**, the Athletics program plays a vital role in **empowering compassionate agents for a better future**, aligning with the school's mission. Through sports and physical activities, we foster the development of healthy, balanced, and engaged citizens who are equipped to make meaningful contributions to global society.

We believe in the power of **collaboration**, where athletes, coaches, and parents work together, engage in constructive dialogue, and take shared ownership to achieve collective success. The program prioritizes **excellence** by providing students with the resources and support necessary to overcome challenges and reach their personal best.

Through participation in diverse athletic experiences, students learn **perseverance**, developing resilience as they face and learn from challenges. The program also embraces **cultural diversity**, recognizing that respect for and learning from differences strengthens both individuals and teams. By upholding **integrity**, we encourage all participants to take personal responsibility for their actions and reflect on their impact on the wider community, demonstrating sportsmanship and pride in all situations.

Program Goals

1. **Collaboration for Success:** Encourage athletes, coaches, and parents to work together, fostering shared responsibility and open communication to achieve better outcomes, aligning with the school's mission of compassion and collaboration.
2. **Excellence in Performance:** Provide the necessary resources, support, and training for students to tackle challenges and excel, ensuring they perform at their personal best while embodying the values of the school and the **SAAGE pillars**.
3. **Perseverance in the Face of Challenges:** Promote resilience by encouraging students to persist through obstacles, learn from difficulties, and grow stronger, empowering them to face future challenges both in athletics and life.
4. **Embrace Cultural Diversity:** Foster an inclusive community where respect for and learning from diverse backgrounds enhances teamwork and personal growth, contributing to a compassionate, global perspective.
5. **Integrity and Personal Responsibility:** Promote principled behavior, encouraging students, coaches, and parents to take responsibility for their actions, reflect on their impact, and act with integrity to benefit the entire community.
6. **Comprehensive Athletic Opportunities:** Offer a range of competitive (ISSL) and participatory (friendlies/intramural) sports, including local and national competitions (AASB), ensuring every student has the opportunity to excel while fostering a sense of global responsibility and teamwork.
7. **Year-Round & Seasonal Participation:** Provide diverse all-year-round and seasonal sports opportunities, while focusing on ISSL in-season sports, that help students grow in their athletic abilities and develop compassion, collaboration, and perseverance.
8. **Safe and Supportive Environment:** Create a safe, supportive, and healthy environment through the efforts of the Athletics Director, EABH staff, and coaches, enabling students to thrive and become compassionate agents for a better future.